S P C

DANCE

MASCOT

SOLO DUO TRIO

STUNT-A-THON

PARTNER STUNT

GROUP STUNT

DANCE & POM DIVISION SCORE SHEET

Judge #	
Regionals	
Classics	
Nationals	

Category & Poss Points	Technical Judge	GOOD		NEEDS WORK	OTHER COMMENTS	
			Engaged audience			
PROJECTION /10			Showmanship			
, ==			Emotion			
CREATIVITY & USE OF MUSIC			Original moves			0
/10			Visual effects			
DIFFICULTY			Intricacy			
/10			Challenges of tempo			一些一
FORMATIONS & TRANSITIONS			Use of floor		·	
/10			Smooth/Seamless			(1) (A
EXECUTION of SKILLS			Placement			
/15			Dance Technique			
STRENGTH & CONTROL			Clean			
/10			Body control			
SYNCHRONIZATION			Uniformity			
/15			Timing			
SPACING			Distances			
/10			Angles			
OVERALL IMPRESSION			Dynamic, energetic			
/10			Appropriateness			
			100			
TECHNICAL SCORE		PO	SS POINTS			

COMMENTS Regionals Nationals Classics EVENT CHRISTIAN CHEERLEADERS OF AMERICA **WORK ON MASCOT COMPETITION SCORE SHEET Energetic Throughout** Judge Smooth/Seamless Appropriateness Upbeat/Positive Original Moves Visual Effects Use of Music Entertaining Use of Floor Animated STRONG SCORE Animation/Energy (15) Overall Impression (15) **BREAK DOWN** Use of Floor (10) Music Use (10) Creativity (10) CHOREOGRAPHY **OVERALL EFFECT** CATEGORY

TOTAL SCORE

Crowd Participation

Stays in Character

Crowd Involvment (10)

CROWD APPEAL/SPIRIT | Use of Theme (10)

Use of Theme

Costume

Engages the Crowd Keeps up the Spirit

Prop Usage Transitions

Use of Props (10)

Personality (10)



CHRISTIAN CHEERLEADERS OF AMERICA

Score Sheet SOLO/DUO/TRIO

JUMPS & TUMBLING SCORE SHEET	TOTAL	TECHNIQUE	DIFFICULTY
JUMPS	20.0	10.0	10.0
STANDING TUMBLING (SUBTRACT FOR NON TUMBLING DIVISION)	20.0	10.0	10.0
RUNNING TUMBLING (SUBTRACT FOR NON TUMBLING DIVISION)	20.0	10.0	10.0

SOLOS

DUO & TRIOS

OVERALL SCORE SHEET	TOTAL	TECHNIQUE
PERFORMANCE	10.0	10.0
CHEER OR DANCE	10.0	10.0
ROUTINE COMPOSITION	10.0	10.0
TESTIMONY	10.0	10.0

OVERALL SCORE SHEET	TOTAL	TECHNIQUE
CHEER OR DANCE	10.0	10.0
PERFORMANCE	10.0	10.0
ROUTINE COMPOSITION	10.0	10.0
SYNCHRONIZATION	10.0	10.0

Total Possible Points 100

Total Possible Points

100



SOLO DUO & TRIO Scoring System

SOLO

DUO & TRIO

JUMPS/TUMBLING

	JUMPS
6.0	Individual performs 1 Jump
7.0	Individual performs 1 advanced Jump
8,0	Individual performs 2 advanced Jumps
9.0	Individual performs 2 connected advanced Jumps
10	Individual performs 3 connected advanced jumps; or 2 connected advanced jumps plus 1 additional advanced jump

BASIC JUMPS: Spread Eagle, Tuck Jump // ADVANCED JUMPS: Pike, Right/Left Hurdlers (front or side), Toe Touch

	STANDING TUMBLING				
5.0		Skills performed do not meet the low range requirment			
6.0	Low	Individual performs standing back handspring			
7.0		Individual performs standing back tuck			
8.0		Individual performs standing back handspring (or advanced Jump) to tuck			
9.0		Individual performs standing back handspring (or advanced jump) to layout			
10		Individual performs standing back handspring (or advanced jump) to full			

		RUNNING TUMBLING
3,0		Skills performed do not meet the low range requirment
4.0	Low	Individual performs pass that ends with a back walkover
5.0		Individual performs pass that ends with a back hand spring
6.0		Individual performs pass that ends with a back tuck
7.0		Individual performs pass that ends with a layout
8.0		Individual performs Specialty pass that ends with a tuck or layout
9.0		Individual performs pass that ends with a full
10		Individual performs Specialty pass that ends with a full

	JUMPS
6.0	Group performs 1 jump
7.0	Group performs 1 advanced Jump
8.0	Group performs 2 advanced Jumps Synchronized
9.0	Group performs 2 connected advanced Jumps
10	Group performs 3 connected advanced jumps; or 2 connected advanced jumps plus 1 additional advanced jump Synchronized

BASIC JUMPS: Spread Eagle, Tuck Jump // ADVANCED JUMPS: Pike, Right/Left Hurdlers (front or side), Toe Touch

		STANDING TUMBLING
5.0		Skills performed do not meet the low range requirment
6.0	Low	Group performs standing back handspring
7.0		Group performs standing back tuck
8.0		Group performs standing back handspring (or advanced jump) to tuck
9.5		Group performs standing back handspring (or advanced jump) to layout
10		Group performs standing back handspring (or advanced jump) to full

		RUNNING TUMBLING
3.0		Skills performed do not meet the low range requirment
4.0	Low	Group performs pass that ends with a back walkover
5.0		Group performs pass that ends with a back hand spring
6.0		Group performs pass that ends with a back tuck
7.0		Group performs pass that ends with a layout
8.0		Group performs Specialty pass that ends with a tuck or layout
9,0		Group performs pass that ends with a full
10		Group performs Specialty pass that ends with a full

TESTIMONY (SOLO ONLY) 10.0 Unless individual is obviously unprepared, all points will be awarded in this catergory SYNCHRONIZATION (DUO & TRIO ONLY) 10.0 A Duo or Trios ability to move as one during any and all skills that are performed in a way that is meant to be synchronized PERFORMANCE 10.0 A Individual or groups ability to captivate the audience with genuine Energy, Spirit, and Showmanship ROUTINE COMPOSITION 10.0 A Individual or groups ability to execute planned Spacing, Formations, Transitions, and Creativity

OVERALL

A individual or groups ability to execute sharp motions, perform a fast paced dance that is entertaining, and incorporate creative elements. As well as the ability to execute their routine with perfection.

CHEER AND OR DANCE MOTIONS

SOLO JUMPS AND TUMBLING SCORE SHEET



JUDGE #
REGIONALS
CLASSICS
NATIONALS

CHRISTIAN CHEERLEADERS OF AMERICA	TECHNICAL DIFFICU		LTY	
COMMENTS	CATEGORY	TECHNICAL JUDGE	CATEGORY	DIFFICULTY JUDGE
	JUMPS EXECUTION & VARIETY 8.0 - 10.0		5 JUMPS 6.0 - 10.0	
	STANDING TUMBLING PERFORMANCE 8.0 - 10.0 RUNNING TUMBLING PERFORMANCE 8.0 - 10.0		STANDING TUMBLING 5.0 - 10.0 RUNNING TUMBLING 3.0 - 10.0	
	TECHNICAL SCORE		DIFFICULTY SCORE	
TOTAL SCORE: (OUT OF 60 PO				

JUMPS

Nice jumps - Work on timing and synchronization - Great height - Pull chest up and rotate hips - Point toes!

Keep chest up - Squeeze feet together when landing - Keep arms straight - Add connected jumps - Add tumbling out of jumps

TUMBLING

Feature tumblers with best technique - Straighten legs in BWO & FWO - Straighten legs in layouts

Great incorp! - Use more tumbling in routine - Squeeze legs together in landings - Work on synchronization - Great execution

Add difficulty in tumbling - Work on execution - Great Difficulty - Point your toes! - Work on height of skills - SET for your skills!

SOLO OVERALL SCORE SHEET



JUDGE #
REGIONALS
CLASSICS

NATIONALS

CHRISTIAN CHEERLEADERS OF AMERICA	TECHNICAL	
COMMENTS	CATEGORY	TECHNICAL JUDGE
	TESTIMONY Preparedness 8.0 - 10.0 PERFORMANCE	Į.
	Ability to captivate an audience with genuine spirit 8.0 - 10.0	
	ROUTINE COMPOSITION Spacing, Transitions Creativity	п
	8.0 - 10.0 CHEER AND OR DANCE MOTIONS Sharpness, Crowd involvement, Voice	
	8.0 - 10.0 TECHNICAL SCORE	
TOTAL SCORE: (OUT OF 30 POS	SSIBLE POINTS)	

PERFORMANCE

Your routine felt like a movie! - Way to captivate the audience - Individuals need to practice there performance - Team needs to practice there performance

DANCE

Great Levels - Add levels - Incorporate more ground and foot work - You made me want to dance - Great pace

CHEER

Creative variety in motions - Great Levels - Add levels - Awesome cheer - Solid execution of arm motions - Squeeze your arms - Watch motion placement - Missed motions

ROUTINE COMPOSITION

Awesome formations - Formations were off - Spacing was off - Practice lining up at the beginning of the routine Great spacing - Great transitions

DUO & TRIO NON-TUMBLING JUMPS SCORE SHEET



,	Ŷ	5		JUDGE#	1
				REGIONALS	
				CLASSICS	
				NATIONALS	
CHRISTIAN CHEERLEADERS OF AMERICA	TECHNICAL		DI	FFICULTY	
COMMENTS	CATEGORY	TECHNICAL JUDGE	CAT	regory	DIFFICULTY
	JUMPS EXECUTION & VARIETY 8.0 - 10.0			JUMPS 6.0 - 10.0	
	TECHNICAL SCORE		-	FFICULTY ORE	
OTAL SCORE: (OUT OF 20 POSSIBLE	POINTS)		0		

<u>JUMPS</u>

Nice jumps - Work on timing and synchronization - Great height - Pull chest up and rotate hips - Point toes!

Keep chest up - Squeeze feet together when landing - Keep arms straight - Add connected jumps - Add tumbling out of jumps

DUO & TRIO JUMPS AND TUMBLING SCORE SHEET



				JUDGE #	1
			F	REGIONALS	1
				CLASSICS	
				NATIONALS	
CHRISTIAN CHEERLEADERS OF AMERICA	TECHNICAL	MISTAL MISTAL		DIFFICUL	TY
COMMENTS	CATEGORY	TECHNICAL JUDGE	CATE	GORY	DIFFICU JUDGE
	JUMPS EXECUTION & VARIETY 8.0 - 10.0	Sain	6	JUMPS .0 - 10.0	
	STANDING TUMBLING PERFORMANCE 8.0 - 10.0		1	STANDING TUMBLING 5.0 - 10.0	
	RUNNING TUMBLING PERFORMANCE 8.0 - 10.0			RUNNING TUMBLING 3.0 - 10.0	
	TECHNICAL SCORE	0	DIF SCC	FICULTY DRE	(
TOTAL SCORE: (OUT OF 60 POS	SSIBLE POINTS)			0	

<u>JUMPS</u>
Nice jumps - Work on timing and synchronization - Great height - Pull chest up and rotate hips - Point toesl

Keep chest up - Squeeze feet together when landing - Keep arms straight - Add connected jumps - Add tumbling out of jumps

 $\frac{TUMBLING}{\text{Feature tumbler with best technique}} \ \ \text{-Straighten legs in BWO \& FWO} \ \ \text{-} \ \ \text{Straighten legs in layouts}$

Great incorp! - Use more tumbling in routine - Squeeze legs together in landings - Work on synchronization - Great execution

Add difficulty in tumbling - Work on execution - Great Difficulty - Point your toes! - Work on height of skills - SET for your skills!



CHRISTIAN CHEERLEADERS OF AMERICA

Score Sheet Stunt Competition

BUILD	ING SCORE SHEET	TOTAL	TECHNIQUE	DIFFICULTY
Stunts		20.0	15.0	5.0
Cradles	& Dismounts	20.0	15.0	5.0
Tosses	(SUBTRACT FOR JUNIOR HIGH & BELOW) (SUBTRACT FOR ALLSTAR LEVEL 1) (SUBTRACT FOR PARTINER STUNT) (SUBTRACT FOR EMPOWER PRIMARY & YOUTH PLUS)	15.0	10.0	5.0

OVERALL SCORE SHEET	TOTAL	TECHNIQUE
PERFECTION OF ROUTINE	15.0	15.0
PERFORMANCE	15.0	15.0
VARIETY & CREATIVITY	15.0	15.0

Total Possible Points	100



STUNT-A-THON

EMP PLUS, PREMIERE, JV, VARSITY

		STUNTS
1		Skills performed do not meet the low range requirement
2	Below	2 different level appropriate skills
3	low	3 different level appropriate skills one of which is elite
4	Med	4 different level appropriate skills 2 of which are elite
5	High	5 different level appropriate skills 3 of which are elite

		TOSSES
2	Below	Group performs 1 level appropriate toss
3	Low	Group performs 2 level appropriate tosses
4	Med	Group performs one elite level appropriate toss
5	High	Group performs 1 elite level and 1 level appropriate toss

	CRADLES AND DISMOUNTS				
2	Below	Skills performed do not meet the low range requirement			
3	Low	1 level appropriate skill in dismounts/cradles			
4	Med	1 elite level appropriate and 1 level appropriate skill in dismounts/cradles			
5	High	2 different elite level appropriate skills in dismounts/cradles			

ALL STAR LEVEL 2-5

		STUNTS
2	Below	Skills performed do not meet low range requirement
3	Low	4 different level appropriate skills
4	Med	4 different level appropriate skills one of which is elite
5	High	4 different level appropriate skills 2 of which are elite

		TOSSES
3	Low	Group performs toss that does not meet the level requirment
4	Med	Group performs 1 level appropriate toss
5	High	Group performs 2 level appropriate tosses

	CRADLES AND DISMOUNTS					
3	Low	1 level apprpopriate skill in dismounts/cradles				
4	Med	2 level appropriate skills in dismounts/cradles				
5	High	3 level appropriate skills in dismounts/cradles				

EMP PRIMARY, YOUTH PLUS, ELEM, INT, JH

STUNTS					
1		Skills performed do not meet the low range requirement			
2	Below	2 different level appropriate skills			
3	low	3 different level appropriate skills one of which is elite			
4	Med	4 different level appropriate skills 2 of which are elite			
5	High	5 different level appropriate skills 3 of which are elite			

CRADLES AND DISMOUNTS					
2	Below	Skills performed do not meet the low range requirement			
3	Low	1 level appropriate skill in dismounts/cradles			
4	Med	1 elite level appropriate and 1 level appropriate skill in dismounts/cradles (Straight Cradle considered ELITE)			
5	High	2 elite level appropriate skills in dismounts/cradles (Straight Cradle considered ELITE)			

ALL STAR LEVEL 1

		STUNTS
2	Below	Skills performed do not meet low range requirement
3	Low	4 different level appropriate skills
4	Med	4 different level appropriate skills one of which is elite
5	High	4 different level appropriate skills 2 of which are elite

CRADLES AND DISMOUNTS				
3	Low	1 level apprpopriate skill in dismounts/cradles		
4	Med	2 level appropriate skills in dismounts/cradles		
5	High	3 level appropriate skills in dismounts/cradles		

OVERALL

	PERFORMANCE
10.0	A Individual or groups ability to captivate the audience with genuine Energy, Spirit, and Showmanship
	PERFECTION OF ROUTINE
10.0	A Individual or groups ability to perform a perfected routine with genuine Energy, Spirit, and Showmanship
	VARIETY & CREATIVITY
10.0	A Individual or groups ability to include variety and creativity in a routine with genuine Energy, Spirit, and Showmanship